

COASTAL
MASSAGE

BODY & FACE
TREATMENTS
WITH
ELLE

TREVEAR
FARM 
PACKAGES

TUESDAYS, WEDNESDAYS & THURSDAYS

Got your back - 60 minutes

~ Enjoy a 15 minute back scrub, followed by a 45 minute deeply relaxing massage with warm botanical oils.

£65

Feel at ease - 90 minutes

~ Start with a 15 minute foot soak & scrub. 75 minute Full body massage, including a deep scalp massage.

£90

Ayurvedic trio ~ 60 or 90 minutes

~ Using Ayurvedic oils. Shiro Abhyanga, Mukhabhyanga and Kansu foot massage.

£60 / £85

Serenity - 90 minutes

~ 45 minute tailored body massage / 45 minute holistic facial.

£95

Glowing skin - 120 minutes

~ 30 minute Dry body brushing, followed by a 60 minute nourishing full body massage, finishing with a 30 minute hydrating facial.

£115

Soul & spirit (Ayurvedic) - 150 minutes ~

~ Begin your treatment seated with a 30 minute foot soak and a head massage. Moving to the massage table for 30 minutes of stimulation from the dry body brushing. Followed by a 60 minute Abhyanga massage, warm oil applied to the entire body (no draping). Finishing with a 30 minute Ayurvedic facial.

£150

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